

Farm News

As you can see, this isn't the usual pretty, more readable format. Our computer is still not working and Anna's is on the fritz today as well! Since our phone/answering machine is also not working, this is our only means of communication, aside from face to face. So, hard to read or not, here is the info. PLEASE READ THE NEWSLETTER, even if you just skim it. It has important info, like the fact that we aren't getting your emails and when the big party is.

Please write down on this week's pick up sheet next to your name if you want to switch next week. If something comes up last minute, try to get a friend to pick up for you. Last Monday I think we ran out of veggies, since some people emailed that they were switching & I never heard. If you did miss out on something, let us know and we'll try to make it up. Sorry!

As for the **big party, it's Saturday, October 6 at 4 p.m.** It goes all afternoon and into the night, so bring plenty of clothes since it gets cold once the sun goes down. It's **POTLUCK**, so bring something (can be anything to eat) but bring a lot, since we all have very good appetites at the farm. The variety is always spectacular & everyone eats a ton just so they can try everything. Check out last week's newsletter for more info, or read some of last year's on the website (**bearhillfarmcsa.com**).

Great weather this fall, but no rain. We had to water again this weekend, and the pond is getting low. No frost yet for us, but last week it was in the 30's three nights in a row. I hear it will be in the 90's again this week. We were kinda hoping we were done with that for the season. Hopefully it will ripen all those green tomatoes on the 1,000 plants we have at Nashoba. We may get a frost next week after this week's full moon.

Leaf season is almost upon us. You can bring your leaves to our compost pile. Just no brush please. The pile is down the road by the greenhouse. Please dump them out of the bags onto the pile. We usually keep an orange cone at the road to make sure no ones parks there. That way landscapers (& us) can get by. The leaves are mixed with manure and old veggies to make compost. It is spread on the fields to add nutrients to the soil, and organic matter, which helps the soil retain moisture.

New This Week

New this week is **delicata & sweet dumpling winter squash**. There aren't many since the deer have been busy. They are similar in color, a very pretty cream and green. The **sweet dumpling** are round and the **delicata** are oblong. They are great cut in half and microwaved or baked until tender. You can eat as is with a little honey, butter or spices (like curry) or stuff with an endless array of grains, meats, veggies or fruit. We may also have some **yellow beans**. They are similar to their green counterparts just milder in flavor. Also new this week are **sugar pumpkins**. They are small and better for eating than carving. We like to give out more, but the deer have been devastating this season. We'll be buying carving pumpkins for the party, when we should have had tons. You can eat them as you would any winter squash. We'll have **mizuna** again this week. Not sure about lettuce (those nasty deer again), but the frilly **mizuna** can be a substitute in salad, although you may prefer it sautéed briefly.